

Ground Zero

Recovered | Restored | Re-Purposed

Sexual Freedom Resources

Ground Zero exists to build stronger individuals through accountability and small groups, which leads to stronger families. Stronger families lead to stronger communities and ultimately a stronger world. This is accomplished by helping people to be **RECOVERED** by God; allowing Him to **RESTORE** you from your past hurts and pain; and then allowing him to **REPURPOSE** your life.

All of the resources on this list have been vetted and have been used by the Ground Zero team.

Blogs/Websites:

Covenant Eyes: <http://www.covenanteyes.com/blog/>

Ground Zero: <http://www.groundzeroinc.org/> (site coming soon)

Zion Church: The Marriage Lab series (Pastor Keith Battle)

<http://zionchurchonline.com/sermon-archive> |

The Resurgence/Mars Hill:

- <http://theresurgence.com/categories/dating>
- <https://marshill.com/media/real-marriage>

Counseling Resources:

Dr. Doug Weiss | Heart to Heart Counseling Center

<http://www.drdougweiss.com/>

719.278.3708

Gary & Sharon Worrell | Strategies for Healing

<http://strategiesforhealing.com/>

New Life | Steve Arterburn

<http://newlife.com/>

Shannon Ethridge Ministries

<http://www.shannonethridge.com/>

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Find a Small Groups:

Ground Zero: Felix & Ashley Gilbert

<http://www.groundzeroinc.org/> (Join the Email List)

Men's Small Group: Felix Gilbert felix@groundzero.tv

Women's Small Group: Ashley Gilbert ashley@groundzero.tv

Heart to Heart Counseling Center:

<http://www.drdougweiss.com/>

Celebrate Recovery

<http://www.celebraterecovery.com>

Every Man's Battle

<http://newlife.com/emb/>

Resources:

Accountability Computer/Phone Software/App:

- Covenant Eyes: <http://www.covenanteyes.com/>
- Safe Eyes: <http://www.internetsafety.com/>

Online Resources/Store:

- Dr. Doug Weiss: <http://www.drdougweiss.com/shop/>
- Celebrate Recovery:
<http://www.saddlebackresources.com/Celebrate-Recovery-C5.aspx>

Small Group Tool Kits:

- New Life:
<https://store.newlife.com/products.aspx?categoryid=69>
- Heart to Heart | Dr. Doug Weiss:
<http://www.drdougweiss.com/product-category/sets/>

Books:

Sexual Addiction Books:

- Life Recovery Devotional – Stephen Arterburn
- 6 Types of Sex Addicts
- Sexual Addiction: One Couple's Journey to Discover Strategies for Healing - Gary & Sharon Worrell

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Sexual Freedom Resources

Authored by Dr. Doug Weiss

- Clean
- 101 Freedom Exercises
- Steps to Freedom
- The Final Freedom
- Helping Her Heal
- Addicted to Adultery
- Addict to Addict
- After Infidelity
- Why Men Lie
- Final Freedom
- Passion for Purity
- Lust Free Living

Books on Marriage (Healing in Marriage)

- Intimacy: A 100-Day Guide to Lasting Relationships-Doug Weiss
- Every Man's Marriage - Steve Arterburn
- Every Woman's Marriage - Shannon Etheridge
- 30-Day Marriage Makeover – Dr. Doug Weiss
- Love & Respect - Emerson Eggerichs
- 5 Love Languages - Gary Chapman
- Married & Alone - Dr. Doug Weiss
- Sacred Marriage - Gary L. Thomas
- Intimacy Anorexia - Dr. Doug Weiss
- Boundaries in Marriage - Henry Cloud
- His Needs, Her Needs - Willard F. Jr. Harley
- Every Heart Restored - Fred & Brenda Stoeker
- Real Marriage - Mark Driscoll

Books for Men:

- Clean – Doug Weiss
- Sex, Men & God – Doug Weiss
- Every Man's Battle - Steve Arterburn
- Sexual Addiction - Gary & Sharon Worrell
- Passion for Purity - Dr. Doug Weiss
- Worthy of Her Trust - Steve Arterburn

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Books for Women:

- Every Woman's Battle - Shannon Ethridge
- The Sexually Confident Wife - Shannon Ethridge
- She Has a Secret – Dr. Doug Weiss
- Sexual Addiction - Gary & Sharon Worrell
- Sacred Influence - Gary L. Thomas
- The Fantasy Fallacy - Shannon Ethridge
- Breaking Free - Beth Moore

Partner Recovery:

- Beyond Love - Dr. Doug Weiss
- Calming the Storm of Anger - Dr. Doug Weiss
- Now That I Know, What Should I Do? - Dr. Doug Weiss
- Healing from His Addiction - Dr. Doug Weiss
- Compelled to Control - J. Keith Miller

Books on Teens & Parents:

- Born for War – Dr. Doug Weiss
- Princes Take Longer than Frogs - Dr. Doug Weiss
- Believe - Dr. Doug Weiss
- Letters to my Daughter - Dr. Doug Weiss
- Every Young Man's Battle – Stephen Arterburn
- Preparing Your Son for Every Man's Battle
- Preparing Your Daughter for Every Woman's Battle

Singles/General:

- Boundaries in Dating - Henry Cloud
- Battlefield of the Mind - Joyce Meyer
- Lady in Waiting - Jackie Kendall
- Sex, Men & God - Dr. Doug Weiss
- Every Single Woman's Battle - Shannon Ethridge