

	Type of group	Location/area of town		Meeting Frequency	Time
1	CO-ED - Daniel Plan	Landover	Zion @ FBCG	every other Sunday	1pm - 3pm
2	CO-ED - Foundations	Landover	Zion @ FBCG	every Sunday	9:30am - 11:15am
3	CO-ED - Starting Point	Landover	Zion @ FBCG	every Sunday	11:30am - 1pm
4	CO-ED - Motorcycles	varies	varies	1st Saturday	varies
5	CO-ED - Young adults	Capitol Heights	near Urn St & Nova Ave	1st & 3rd Sunday	4pm - 6pm
6	MARRIED COUPLES	Clinton	Near Branch Ave & Kirby Rd	2nd & 4th Wednesday	7pm - 9pm
7	MARRIED COUPLES	Landover	Near Annapolis Rd & Veterans Pkwy	1st & 3rd Saturday	12pm - 2pm
8	MARRIED COUPLES	Laurel	Near Gorman Rd & Rt 1	2nd & 4th Friday	7:30pm - 9pm
9	MARRIED COUPLES	Marlton	Near Croom Rd & Crain Hwy	2nd & 4th Friday	7:30pm - 9:30pm
10	MARRIED COUPLES	Upper Marlboro	Near Brown Station Rd & Brooke Lane	every other Friday	7:30pm - 9pm
11	MARRIED COUPLES w/ kids	Glenarden	Near FBCG	2nd & 4th Saturday	5pm - 6:30pm
12	MARRIED COUPLES w/ young kids	Hanover	Near Arundel Mills	1st & 3rd Friday	7pm - 8:30pm
13	MARRIED COUPLES w/ young kids	rotates	Wegmans in Landover & onlinze via Zoom	Sunday & Thursday	6:30pm - 7:30pm
14	MEN	Bowie	Near Annapolis Rd & Hillmeade Rd	every other Saturday	8:30am - 10am
15	MEN	Colmar Manor	Ihop in Bladensburg Rd & Eastern Ave NE	every other Saturday	9:30am - 11am
16	MEN	District Heights	Near Walker Mill Rd & Addison Rd South	1st & 3rd Saturday	9am - 10:30am
17	MEN	Elkridge	Near Washington Blvd & MD-100	2nd & 4th Monday	6:30pm - 8:30pm
18	MEN	Germantown	Wegmans near I-270 & Ridge Rd	2nd & 4th Saturday	7:30am - 9am
19	MEN	Greenbelt	Near Cherrywood Lane & Kenilworth Ave	1st & 3rd Thursday	7pm - 9pm
20	MEN	Hyattsville	Near Annapolis Rd & Veterans Pkwy	every other Saturday	8am - 9am
21	MEN - Golf	Mitchellville	Enterprise Golf Course Near MD-193 & Lottsford Rd	1st & 3rd Saturday	9am - 11am
22	MEN	NW DC	Near New Hampshire Ave NW & Missouri Ave NW	1st & 3rd Saturday	9am - 11am
23	MEN	SE DC	Near Stanton Rd SE & Douglass Rd SE	every other Wednesday	7pm - 9pm
24	MEN	Springdale	Near Brightseat Rd & Ardwick-Ardmore	2nd & 4th Thursday	7pm - 9pm
25	MEN	Upper Marlboro	Near Central Ave & Church Rd	1st & 3rd Saturday	9am - 11am
26	MEN	Waldorf	Near MD-228 & Crain Hwy	1st & 3rd Monday	7:30pm - 9:30pm

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27	WOMEN - age 18+	rotates	Near Kenilworth Park & Aquatic Gardens	1st & 3rd Wednesday	7:30pm - 9pm
28	WOMEN - age 20s / 30s	Clinton	Near Branch Ave & Surratts Rd	2nd & 4th Thursday	7pm - 8:30pm
29	WOMEN - age 25 - 35	NE DC	Near Maryland Ave NE & 10th St NE	1st & 2nd Thursday	7pm - 8:30pm
30	WOMEN - age 30 - 45	Waldorf	Near Billingsley Rd & St. Charles Pkwy	1st & 3rd Saturday	11am - 1pm
31	WOMEN - age 30+	Upper Marlboro	Near Pennsylvania Ave & Woodyard Rd	every other Thursday	7:30pm - 9:30pm
32	WOMEN - age 35 - 55	Laurel	Panera Bread in Laurel	1st & 3rd Saturday	12pm - 1:30pm
33	WOMEN - age 35+	rotates	Near Annapolis Rd & Glenn Dale Rd	2nd & 4th Thursday	7pm - 9pm
34	WOMEN - age 40+	rotates	Near Morgan Blvd & Central Ave	1st & 3rd Friday	7pm - 9pm
35	WOMEN - age 40+	Mitchellville	Near Enterprise Rd & Woodmore Rd	2nd & 4th Tuesday	7pm - 8:30pm
36	WOMEN - age 50+	Mitchellville	Near Lottsford Rd & Lottsford Vista Rd	1st & 3rd Thursday	7pm - 9pm
37	WOMEN - age 50+	Mitchellville	Near Lottsford Rd & Lottsford Vista Rd	2nd & 4th Thursday	7pm - 8:30pm
38	WOMEN - age 50+	rotates	Near Wegmans in Gambrills	2nd & 4th Saturday	1pm - 2:30pm
39	WOMEN - age 50+ (daytime)	Largo	Near White House Rd & Brown Station Rd	1st & 3rd Thursday	12pm - 2pm
40	WOMEN - Business owners	Laurel	Laurel Library near Talbott Ave & Rt 1	1st & 3rd Saturday	10:30am - 12pm
41	WOMEN - College age	Virtual	online via Zoom App / Platform	varies	8pm-9:30pm
42	WOMEN - Married Women (age 40+)	Upper Marlboro	Near Old Marlboro Pike & Woodyard Rd	1st & 3rd Friday	7:30pm - 9:30pm
43	WOMEN - Millennial Moms	Laurel	Near Washington Blvd & Talbott Ave	2nd & 4th Thursday	7pm - 9pm
44	WOMEN - Single Moms	SE DC	Near Southern Ave SE & Penn Ave SE	every other Sunday	7pm - 8:30pm
45	WOMEN - Single Moms (age 40-60)	SE DC	Near E Capitol St SE & Benning Rd SE	2nd & 4th Friday	7pm - 8:30pm
46	WOMEN - Single Women	Seat Pleasant	Near Seat Pleasant Dr & MLK	1st & 3rd Saturday	10am - 12pm
47	WOMEN - Single Women (age 30+)	rotates	group members take turns hosting at their home	2nd & 4th Wednesday	7pm - 8:30pm
48	WOMEN - Stepmoms	NE DC	Near South Dakota Ave NE & New York Ave NE	1st & 3rd Wednesday	7pm - 9pm
49	WOMEN - Widows	NE DC	Near S. Dakota Ave NE & Sargent Ave NE	2nd & 4th Friday	7:30pm - 9pm

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50	WOMEN	Bowie	Near Collington Rd & Northview Dr	2nd & 4th Thursday	7pm - 8:30pm
51	WOMEN	Bowie / Lanham	Near Fairwood Pkwy & Church Rd	1st & 3rd Wednesday	7pm - 9pm
52	WOMEN	Capitol Heights	Near MLK Jr Hwy & Sheriff Rd	2nd & 4th Saturday	9am - 11am
53	WOMEN	Cheverly		1st & 3rd Friday	7pm - 9pm
54	WOMEN	District Heights	Near Walker Mill Rd & Ritchie Rd	every other Wednesday	7pm - 9pm
55	WOMEN	Glenn Dale	Near Annapolis Rd & Glenn Dale Blvd	1st & 3rd Thursday	7pm - 8:30pm
56	WOMEN	Hanover	Near Washington Blvd & MD-100	1st & 3rd Thursday	7pm - 8:30pm
57	WOMEN	Largo	Near Central Ave & Landover Rd	every other Thursday	7:30pm - 9pm
58	WOMEN	Largo	Near McCormick Dr & Lottsford Rd	2nd & 4th Wednesday	7pm - 9pm
59	WOMEN	Largo	Panera Bread near MLK & Annapolis Rd	1st & 3rd Friday	7:30pm - 9pm
60	WOMEN	Largo	Near Largo Rd & Kettering Dr	1st & 3rd Wednesday	7pm - 8:30pm
61	WOMEN	Mt. Rainier	Near Eastern Ave NE & Rhode Island Ave NE	2nd & 4th Wednesday	7pm - 9pm
62	WOMEN	SE DC	Near Southern Ave SE & Wheeler Rd SE	1st & 3rd Wednesday	7pm - 8:30pm
63	WOMEN	Upper Marlboro	Near Church Rd & Central Ave	1st & 3rd Friday	7pm - 9pm
64	WOMEN	Waldorf	Near 301 & Berry Rd	2nd & 4th Thursday	7:30pm - 9pm
65	WOMEN	Upper Marlboro	Near Ritchie Marlboro Rd & Pennsylvania Ave	1st & 3rd Saturday	10am - 12pm